

The Fifth Annual Symposium
on the Social Determinants of Health

Race, Racism, and Baltimore's Future: A Focus on Structural and Institutional Racism



Tools and Resources

#SDH2016



Engaging communities, Improving health

Table of Contents

Panel 1: Overcoming Structural Racism	2
Video / Multimedia / Online Resources	2
Books / Reports / Articles	2
Panel 2: Racism and Health	3
Video / Multimedia / Online Resources	3
Books / Reports.....	3
Panel 3: Racism, Racial Segregation and Education	4
Video / Multimedia / Online Resources	4
Books / Reports.....	4
<i>Children’s Books – Educational tools to be used in schools.....</i>	<i>4</i>
Panel 4: Racism and Policing	5
Video / Multimedia / Online Resources	5
Books / Reports.....	5
Introduction to Residential Segregation in Baltimore City.....	6
Video / Multimedia / Online Resources	6
Books / Reports.....	6

Panel 1: Overcoming Structural Racism

Video / Multimedia / Online Resources

- To understand your own personal unconscious biases, you can take [the Implicit Association Test](#) available through Harvard University. This is important as it can help you individually learn to notice your own racial beliefs and learn to combat them.
- A short video about structural racism [“Cracking the code: Power analysis”](#)
- A short video about structural racism [“Cracking the code: History, Identity and Culture”](#)
- A series of short videos on structural racism are available from [Race Forward](#). These videos are good teaching tools for all, but perhaps best for high school students.
- [An interactive multimedia website](#) by [Race Forward](#), where you can play a game and chose a character to open doors and answer questions. This fun and informative website can be used to help people understand structural racism.
- [Tim Wise](#), Anti-Racist Activist
- [The Baltimore Aspen Workgroup: Racial Equity and the Future of the Baltimore Region](#)
- [MP Associates](#) (recommended by Maggie Potapchuk)
- [Racial Equity Tools](#) (recommended by Maggie Potapchuk)
- [The Unequal Opportunity Race](#), a short film for the African American Policy Forum, showing metaphors for obstacles to equality which affirmative action tries to alleviate.

Books / Reports / Articles

- [Glossary for Understanding the Dismantling Structural Racism / Promoting Racial Equity Analysis](#), *The Aspen Institute Roundtable on Community Change*
- The following is a short article called [“Imagine if the Team Party was Black”](#) by Tim Wise, a well-known anti-racism advocate. This article takes us through a thought process to highlight the way that society and American culture views actions of people of color differently than the actions of people who are white. This is a short but powerful read.
- *A Hero's Fight: African Americans in West Baltimore and the shadow of the state* by Fernández-Kelly, M. P. (2015) is a powerful book that alternates chapters of ethnographic research on residents of West Baltimore, with powerful statistics to support the lived experiences of people in this city. [Available for purchase](#).
- [Finding The Hopeful Action In Baltimore—And Taking It](#), by *Gretchen Susi*

Panel 2: Racism and Health

Video / Multimedia / Online Resources

- [An interactive website](#) for more information on diversity of U.S. medical professionals.
- More [information on health inequity](#) by Baltimore neighborhoods

Books / Reports

- To understand racial bias in medicine: Paradies, Y., Ben, J., Denson, N., Elias, A., Priest, N., Pieterse, A., ... Gee, G. (2015). *Racism as a determinant of health: A systematic review and meta-analysis*. PLoS ONE, 10(9), 1-48. [Available online](#)
- For a full report on the history of racism in health care: Byrd, W. M., & Clayton, L. A. (2001). *Race, medicine, and health care in the United States: A historical survey*. Journal of the National Medical Association, 93(2), 11S-34S. [Available online](#)
- For a more thorough report on health status of residents in Baltimore City:
 - "Health and Well-Being of Baltimore's Children, Youth, and Families: Opportunities and Challenges". 2012. [Available online](#)
 - Barot, O. (2014). *Baltimore City Health Disparities Report Card 2013*. Baltimore City Health Department, Office of Epidemiologic Services. [Available online](#)
- Anderson, K. F. (2012). *Diagnosing Discrimination: Stress from Perceived Racism and the Mental and Physical Health Effects**. Sociol Inq Sociological Inquiry, 83(1), 55-81. doi:10.1111/j.1475-682x.2012.00433.x

Panel 3: Racism, Racial Segregation and Education

Video / Multimedia / Online Resources

- [The Maryland Equity Project website](#) lists online resources and links to access research findings that promote public policy debates and are helpful for stimulating discussion
- A video on unconscious bias "[Cracking the Code](#)"
- [The Civil Rights Project](#)

Books / Reports

- Baum, H. S. (2010). *Brown in Baltimore: School Desegregation and the Limits of Liberalism*. New York: Cornell University Press. [Available for purchase](#).
- Ayscue, J. B., Flaxman, G., Kucsera, J., & Siegel-Hawley, G. (2013). *Settle for segregation or strive for diversity? A defining moment for Maryland's public schools*. The Civil Rights Project, 2nd in a Series. [Available online](#)
- Orfield, G., Frankenberg, E., Ee, J. & Kucsera, J. (2014). *Brown at 60: Great progress, a long retreat and an uncertain future*. The Civil Rights Project. [Available online](#)
- [From Ferguson to Baltimore: The Fruits of Government-Sponsored Segregation](#), by Richard Rothstein
- [The Making of Ferguson: Public Policies at the Root of its Troubles](#), by Richard Rothstein
- [The Racial Achievement Gap, Segregated Schools, and Segregated Neighborhoods – A Constitutional Insult](#), by Richard Rothstein
- [Other articles, books, and reports on education policy and racial segregation](#), by Richard Rothstein

Children's Books - Educational tools to be used in schools

- [The Colors Of Us](#) by Karen Katz
- [The Skin You Live In](#), Written by Michael Tyler and Illustrated by David Lee Csicsko
- [We're Different, We're the Same](#), Written by Bobbi Kates and Illustrated by Joe Mathieu
- [Chocolate Me!](#) Written by Taye Diggs and Illustrated by Shane Evans
- [Almond Cookies & Dragon Well Tea](#), Written by Cynthia Chin-Lee and Illustrated by You-Shan Tang
- [If A Bus Could Talk: The Story of Rosa Parks](#) by Faith Ringgold
- [Roll of Thunder, Hear My Cry](#) by Mildred D. Taylor
- [Chains](#) by Laurie Halse Anderson
- [Esperanza Rising](#) by Pam Munoz Ryan

Panel 4: Racism and Policing

Video / Multimedia / Online Resources

- Increasing police accountability – [Center For Policing Equity](#)
- [White House Police Data Initiative](#).

Books / Reports

- Alexander, M. (2013). *The New Jim Crow: Mass incarceration in the age of colorblindness*. New York: New Press. [Available for purchase](#)
- [Pastor Dr. William J. Barber II](#) on how it appears that black lives matter only in death
- Stephan, Morgan and Joel Pally wrote [Ferguson, Gray and Davis](#) which is an analysis of the recorded crime incidents and arrests in Baltimore City, from March 2010 through December 2015

Introduction to Residential Segregation in Baltimore City

Video / Multimedia / Online Resources

- [Presentation on residential segregation](#) in Baltimore City
- [A proposal for residential zoning](#) in Baltimore City
- [A creative proposal for vacant housing](#) in Baltimore City
- [“A Matter of Place”](#) – A video on housing discrimination in New York City. This resource could be used as a teaching tool to give examples of housing discrimination that still occurs.
- An interactive map [“Poverty, Race and Place Map.”](#) Can be used to look at segregated poverty across the United States, but also for Baltimore City.
- [The American Civil Liberties Union of Maryland](#) has information on housing inequities in Baltimore City

Books / Reports

- Sharkey, P. (2013). *Stuck in place: Urban neighborhoods and the end of progress toward racial equality*. Chicago: The University of Chicago Press. [Available for purchase](#)
- [The New Homes, New Neighborhoods, New Schools: A Progress Report on the Baltimore Housing Mobility Program](#) written by Lora Engdahl in 2009 how this program has improved opportunities for families to move out of public housing and into new neighborhoods.
- Drash, W. (2015, November 30). *Poll: 1 in 5 blacks report ‘unfair’ dealings with police in the last month*. Central News Network (CNN). [Available online](#)
- García, J. J., & Sharif, M. Z. (2015). *Black Lives Matter: A Commentary on Racism and Public Health*. *Am J Public Health American Journal of Public Health*, 105(8). doi:10.2105/ajph.2015.302706
- [President’s Task Force on 21st Century Policing. \(2015\)](#). Final Report of the President’s Task Force on 21st Century Policing. Washington, DC: Office of Community Oriented Policing Services.

Who we are

Established in 2000, the UHI serves as an interface between Johns Hopkins University and the Baltimore community in which it resides. Together with its university and community partners, the UHI explores ways that the research, teaching, and clinical expertise of the University can be better harnessed for the benefit of the residents of Baltimore.

Our Mission

To serve as a catalyst that brings together the resources of Johns Hopkins Institutions with the City of Baltimore, to improve the community's health and well-being, and in so doing serve as a model of community-university collaboration regionally and nationally.

We would like to acknowledge the contributions from the Community-University Coordinating Council and community planning meeting participants in helping to shape the symposium.

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